# **Retrofitting Your Home for Flood Resilience**

James Davidson | JDA Co | 19 May 2021

# What is flood resilience?

Flood resilience is the ability to prepare for, live through and then return to normal household routines with the least amount of disruption and anxiety possible. Flood resilience will not stop flood waters. However, it aims to equip residents to make their properties more resilient, ensuring they recover quickly from flood events.

# What is flood-resilient design?

Flood-resilient design is the use of materials, construction systems and design types that can withstand substantial and multiple inundations by actively mitigating the effects of, and minimising the cost of flooding. Flood-resilient design enables homeowners to safely store belongings prior to a flood event, easily clean and quickly move back in after such an event with minimal long-term disruption. By implementing flood-resilient design measures, home owners can actively mitigate or minimise the effects of flooding.



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TYPE OF DAMAGE SEEN DURING EAA ASSESSMENTS

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#### BUILDING ASSESSMENT REPORT 2011 No: 0024

Emergency Architects Australia architects are assisting homeowners to assess the building damage caused to their houses by the flood, in order to help them organise affordable and functional repairs.

The volunteer architects will look over the house with the owners, help the owners get a good understanding of the full extent of damage (both apparent and perhaps hidden), and discuss options and opportunities for the repair work. They will also indicate any areas of concern which might need further assessment by other tradespeople or professionals before repairs are undertaken.

#### **Report of Apparent Damage**

Date of Visit: Building address: Local Authority: Owner's Name	26/02/2011 Unit 6, 5 Spalding Court, 6 Ipswich council Wayne McIntosh	Goodna Occupant's Name:	Wayne McIntosh					
Phone Contact:	0407 017 123	Email Contact:	wmcintosh@hotmail.com					
Occupancy Description:	3 Bedrooms #	1 Bathrooms #	1 Living Areas #					
Insurance Details:	Body corporate covers str	ucture - but this only	covers bricks					
GPS Co-ordinates:	S 27° 36' 45.5"	E 152° 54' 02.4"						
1.0 TYPE OF BUILDING/CONSTRUCTION								
1.1 Type:	Housing	Office	Shop					
	Detached	<b>x</b> Townhouse	Apartment					
1.2 Construction:	Timber Clad	x Brick Veneer	Cavity Brick					
	Elevated Frame	x Slab on ground	Other					
1.3 Number of storeys:	1							
1.4 Height of floors above ground:								
1.5 Date/s of construction:	approx. 1995							
1.6 Heritage Status:	Heritage Listed	Character	x None Unkown					
2.0 FLOOD DAMAGE DATA								
2.1 Height of flood above floor	level: 3.6m							
2.2 Length of inundation:	4 days							
2.3 Date of initial inundation:	Very late 11/01/11							
2.4 Number of people displace	d/evacuated during flood:	age 0 to 5: ,age 6-1	17: , age 18 to 70: 2 ,age 70+:					

Project Supporters Project Sponsors EAA Major Sponsors

 Australian institute of Architects
 ARUP
 Image: Imag

	Yes	No	N/A	?
3.0 Building Clean-out Status				
3.1 Is the building clean of mud, silt and water?	х			
f No: We recommend a full secondary clean of all mud, silt and water. Make sure to check on tops of the building fr etc.)	ame if possible	(beams,	trusses,	pos
3.2 Has the building finished drying out?		х		
See Summary of Recommendations at end of document - subheading "Internal linings/external cladding"				
3.3 Have possessions, furnishings, linings, joinery, etc. been removed?	x			Γ
f No: All affected materials need to be removed. This includes: all kitchen and bathroom cabinetry. All plasterboard inings needs to be thoroughly cleaned and then dried. This is to decrease the chance of mould once linings have be		yl,etc. Ui	nderneat	th a
4.0 Asbestos and lead paint				
4.1 Is the house built prior to 1990? If yes, it may have asbestos.		x		Г
4.2 Are there any potential signs of asbestos? If evident, advise owner to seek appropriate advice.		x		
f Yes: If you suspect asbestos is present do not cut, sand or displace any material sheeting. Contact an asbestos exp	ert. 1300 QH IN	IFO.		
4.3 Is there potential encapsulated non-visible asbestos lining (eg. under floor tiles)?		x		Г
f Yes: If you suspect asbestos is present do not cut, sand or displace any material sheeting. Contact an asbestos exp	ert 1300 QH IN	FO.		
4.4 Recommend testing for lead paint?		х		
f Yes: Be aware there health risks related with lead paint. Avoid sanding and wear protective clothing and masks du need be.	ring clean up. S	eek furth	ner advid	e if:
Note: A person removing > 10m2 of asbestos must have an 'A' or 'B' class WHS license				Г
5.0 Structure				
5.1 Has the water visibly shifted the house structure?		x		Г
f Yes: A structural engineer will determine the extent of structural damage and advise as to the necessary initial ste proceed in any renovation work until the engineer has cleared the building.	p of securing th	e structu	ire. Do n	ot
5.2 Has there been visible subsidence or cracking in the sub-structure?		х		Г
f Yes: A structural engineer will determine the extent of sub-structural damage and advise as to the necessary initia proceed in any renovation work until the engineer has cleared the building.	I step of securi	ng the str	ucture.	Doi
5.3 Have floodwaters scoured out soil around footings/foundations (remove silt to see)?		х		
f Yes: An engineer will advise as to the necessary steps to secure the foundations.				
5.4 Are there any cracked or broken structural members?		х		Г
f Yes: An engineer will advise as to the necessary steps to repair the affected structure.				
5.5 Are there any affected laminated beams, or other composite members in the structure?	х			
VL lintel above sliding glass door to patio. We recommend structural engineer look at the LVL in one or two townho whether all the LVLs are ok (see summary of recommendations) - since all townhouses have the same lintel and we ime				
5.6 Are all flooring members adequately seated and beared? Including sub-structure?	х			Γ
f No: An engineer will advise as to the necessary steps to secure floor framing			•	
5.7 Did water inundate areas of steel posts?		х		
f Yes: Posts may have filled with water from holes in the top. If necessary drill a very small hole at base of the post t	to allow water t	o escape		
5.8 Did water inundate areas of steel framing?			х	Г
	•	-	-	•
f Yes: Make sure that all steel is clean and dry from water and silt.				<u> </u>



Hmmm... traditions developed here in Queensland versus those which evolved elsewhere.

I know which I prefer...

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#### Units at 5 Spalding Crescent – Summary of Recommendations:

Note – this section begins with a compiled summary of recommendations relevant to all the townhouses inspected at 5 Spalding Crescent. Notes of additional concerns specific to your unit (if any) are at the end.

#### Cleaning:

 Give the stripped-out interior a further clean: concentrating especially on the structural members above ceiling level. Use a cloth with water and some kind of disinfectant (e.g. chlorine)
 Treat with a mouldicide product afterwards.

- Clean out under and on top of the edge of the damp-proof coursing at the bottom of the exterior walls (see photo on page 8).

Additional (Optional) Suggestion: - Remove soffits at eaves and clean out.

#### Structural:

- All home-owners in complex could get together and seek an engineer to inspect one of each type of townhouse (end, middle) for the same 3 issues: 1) checking the LVL lintel above the sliding glass door onto the back patio; 2) all bracing ply and tie-downs (or lack of); 3) any cracks in the concrete blockwork party walls between units.

- All bracing ply to be replaced (unless otherwise stated by engineer). Remove existing ply where possible and clean behind.

Potential Option for Replacement: fix metal straps with triple grips to the top and bottom of studs around doors and windows; AND fix new bracing ply sheets to studs on the interior face of stud wall where the existing bracing ply sits (see photo on page 9). Removal of existing ply sheets before doing so optional: preferable as it allows cleaning out of any muck behind. Consult engineer also.

#### Roof:

- On visual inspection from the ground, roof seems to be in a reasonable condition. - Roof structure seems to be intact and has not shifted which is positive.

- Clear all gutters of mud and debris.

Fix/replace all damaged downpipes. Reseal downpipes at the top where they meet the gutter.
 Replace roof insulation: Install batt insulation above ceiling. Run Sarking (foil lined waterproofing membrane) between trusses and drain to eaves where possible.

-Have roof inspected by licenced roofing contractor. Replace broken tiles/repoint where necessary

#### Additional (Optional) Suggestion:

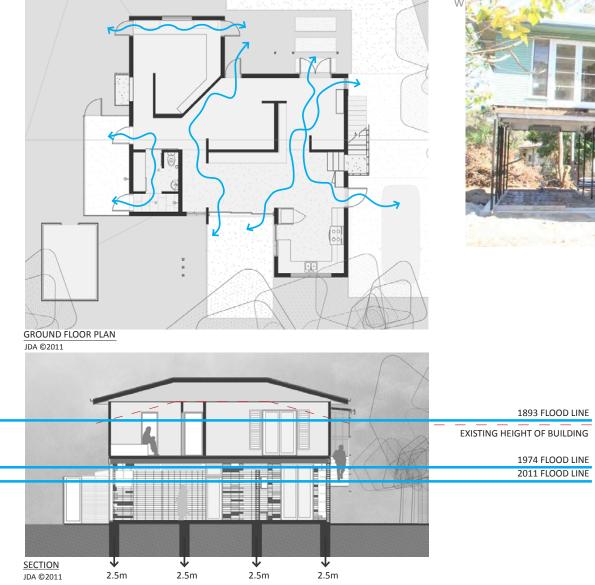
In the cleaning section, we have recommended the removal of all eaves soffits for cleaning. When these are replaced/re-instated, place some perforated panels/grilles in the eaves to help ventilate the cavity and prevent growth of mould etc. Also, replacing some of the bricks in the external walls (non-structural) with air bricks will assist in ventilating the wall cavity. This will help prevent growth of mould etc in the cavity and help in preventing odours produced by any mud in the cavity.

#### Party wall (structural concrete block wall between units):

-Have any cracks in this wall checked by a structural engineer

- Party walls should be fireproof, but currently are not. Seal any penetrations in the wall (i.e. hole where a power socket to both units either side of the wall existed). One option is to fill the penetrations with a fire-retardant, expanding foam product. Another option, if the power points are to be kept, is to seek advice from a licensed electrician.

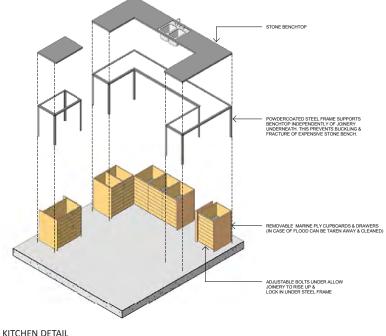
- Where it had been inundated by water, replace the layer of fire-insulation ('Firestop' or a similar product)located where the party wall meets the roof













KITCHEN DETAIL JDA ©2011

COMPLETED KITCHEN JDA ©2011

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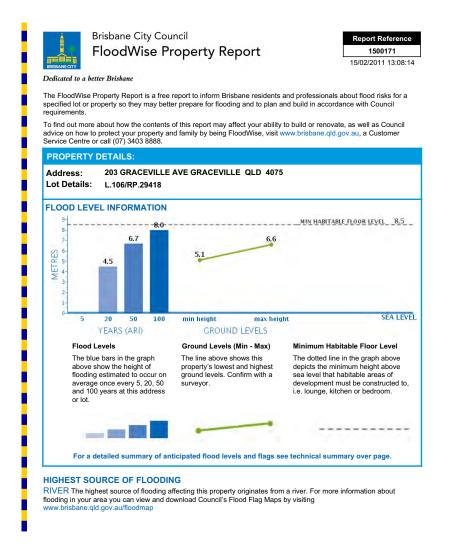


BEFORE RAISE

AFTER RAISE JDA©2011

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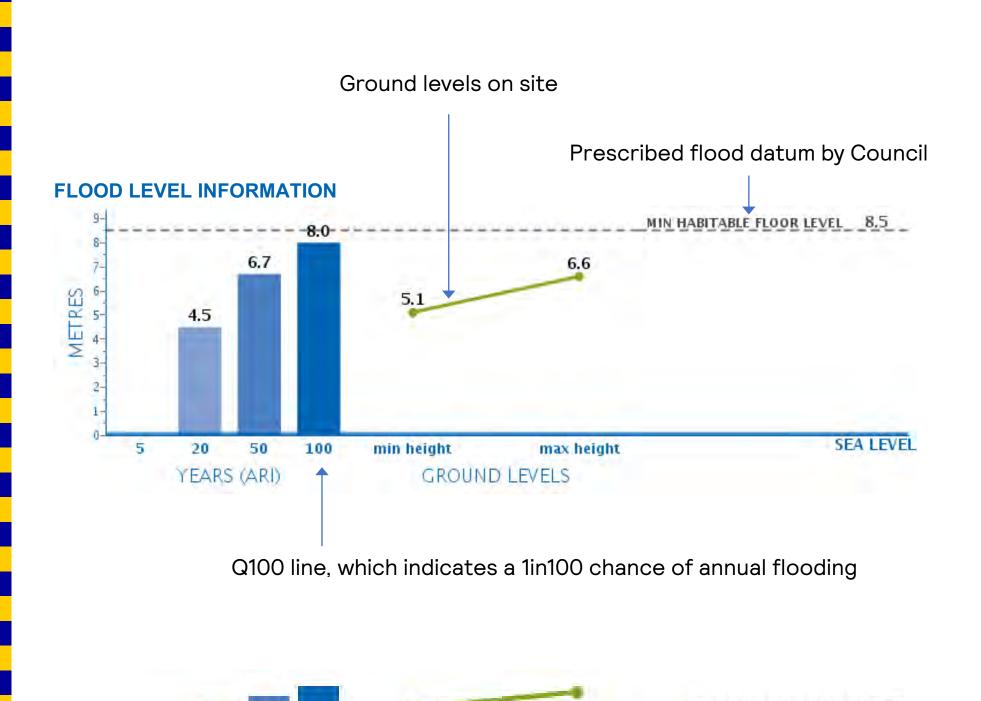




Reactionary Reponses – Local Government Temporary Local Planning Instruments



Dedicated to a better Brisbane





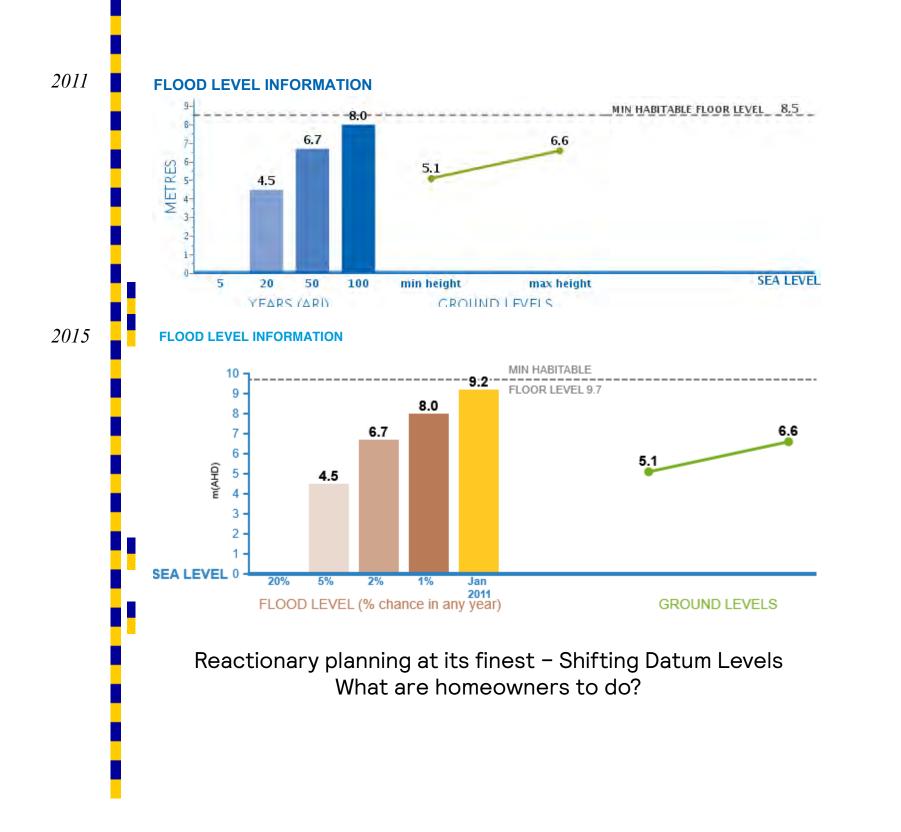
Graceville Ave – 2011 inundation levels including neighbouring houses

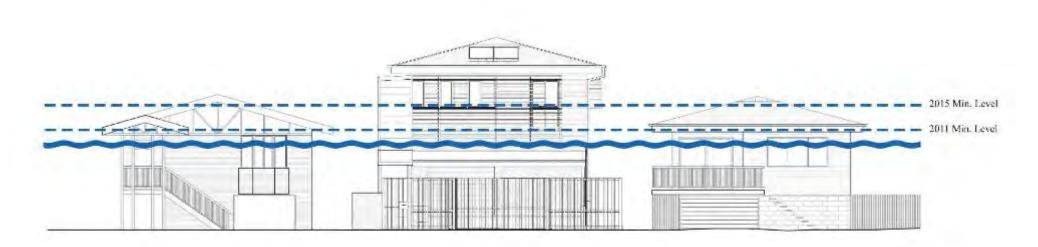


Post-flood Local Government established datums for minimum habitable floor levels

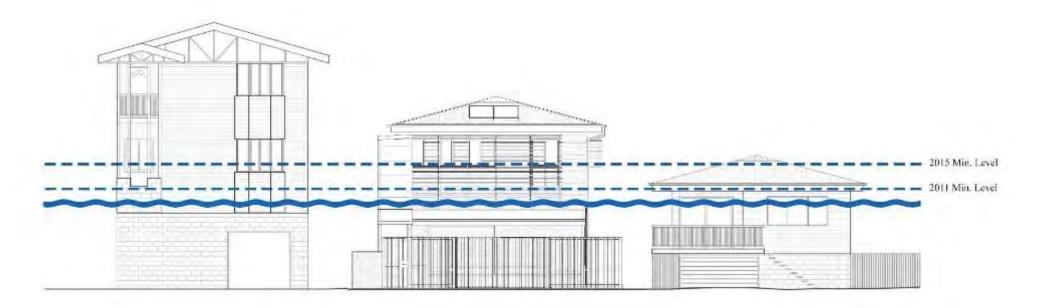


Elevation as protection against inundation - Graceville Avenue case study after raise





Shifting datum levels - what was the point of the line in the first place?



How high do we go???





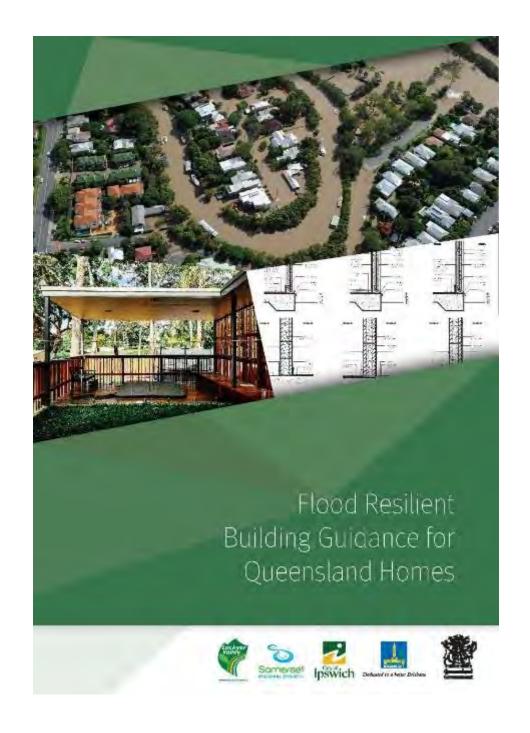
SEQ Water Futures Design Charrette

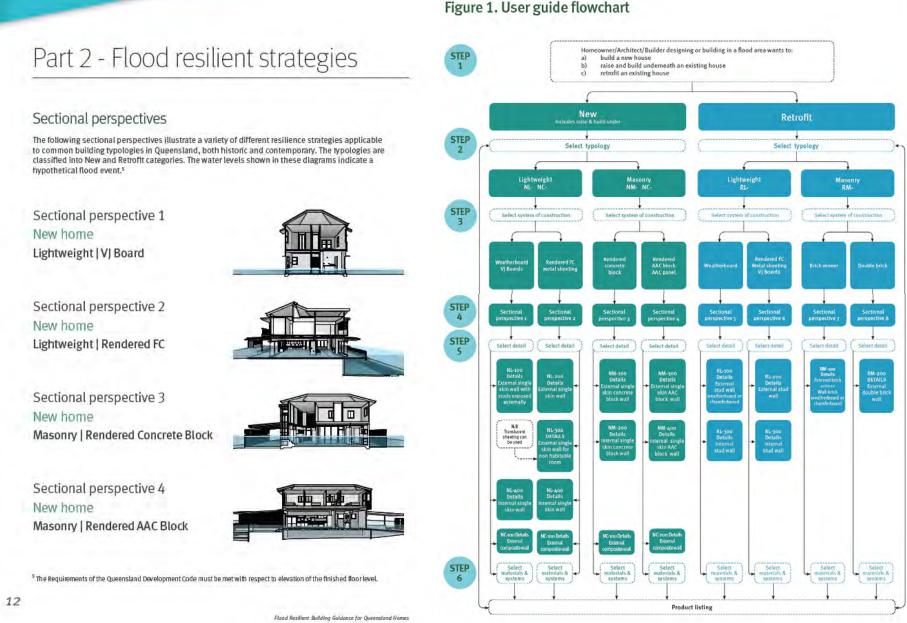






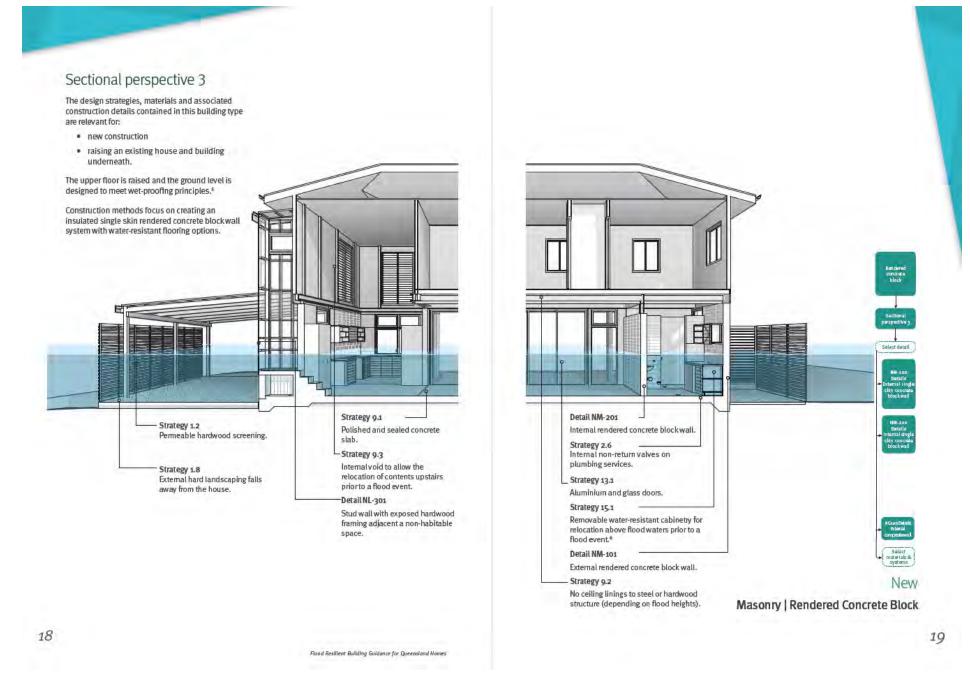




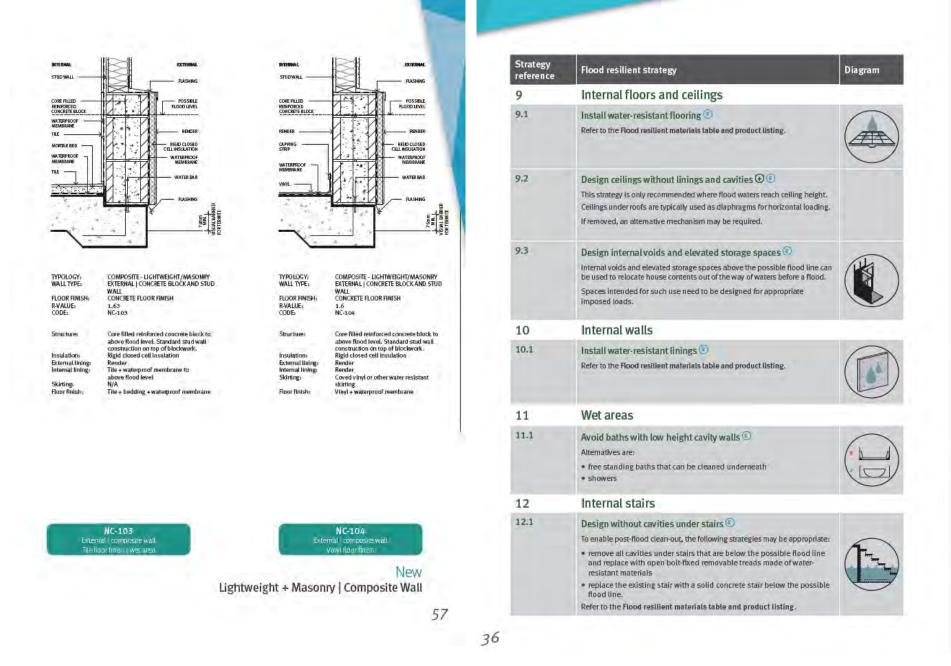


QRA Flood Resilient Building Guidance for Queensland Homes

## Figure 1. User guide flowchart



QRA Flood Resilient Building Guidance for Queensland Homes



QRA Flood Resilient Building Guidance for Queensland Homes



An initiative of

In partnership with

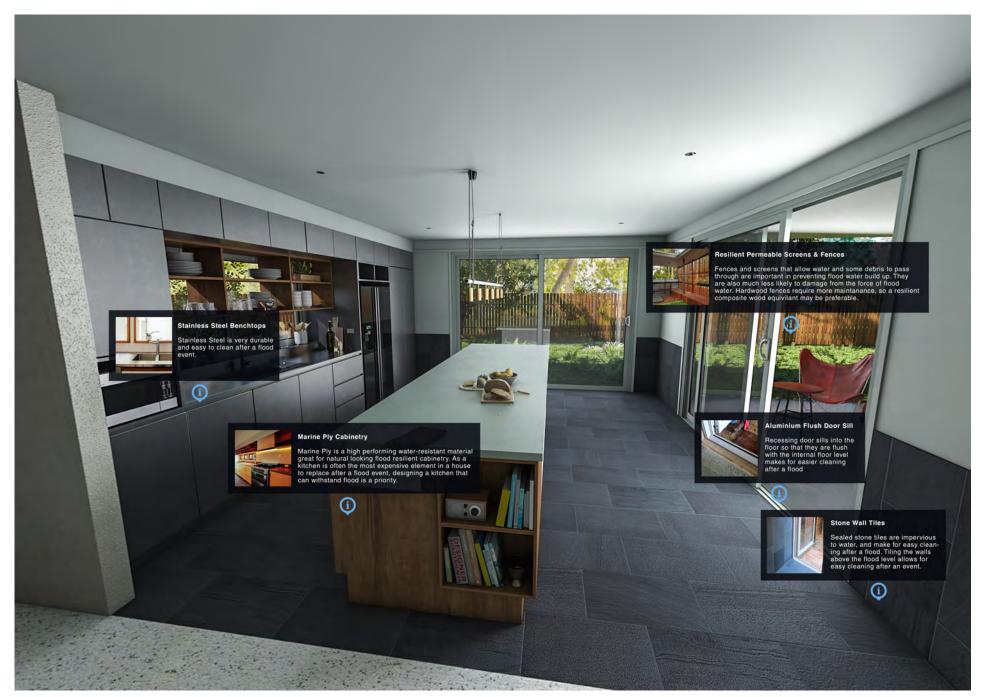
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# The Flood Resilient Homes Program

- The Flood Resilient Homes Program is an initiative of Brisbane City Council, delivered in partnership with its sustainability agency CitySmart. The program is designed to help residents prepare for, and recover from, overland flow flood events.
- The Flood Resilient Homes Program consists of a:
- • Home Service a free in-home assessment of your property's flood-resilience
- • Home Service Resident's Report a tailored property report providing flood-resilience information and
- recommendations for you and your property
- • Incentive Scheme in eligible cases, providing financial assistance for property modifications.
- A voluntary home purchase will only be considered where there is no viable alternative. Council may consider, but is not obligated, to purchase flood-affected homes. The property must have a 50% annual chance of overland flow adversely affecting the certified habitable floor.

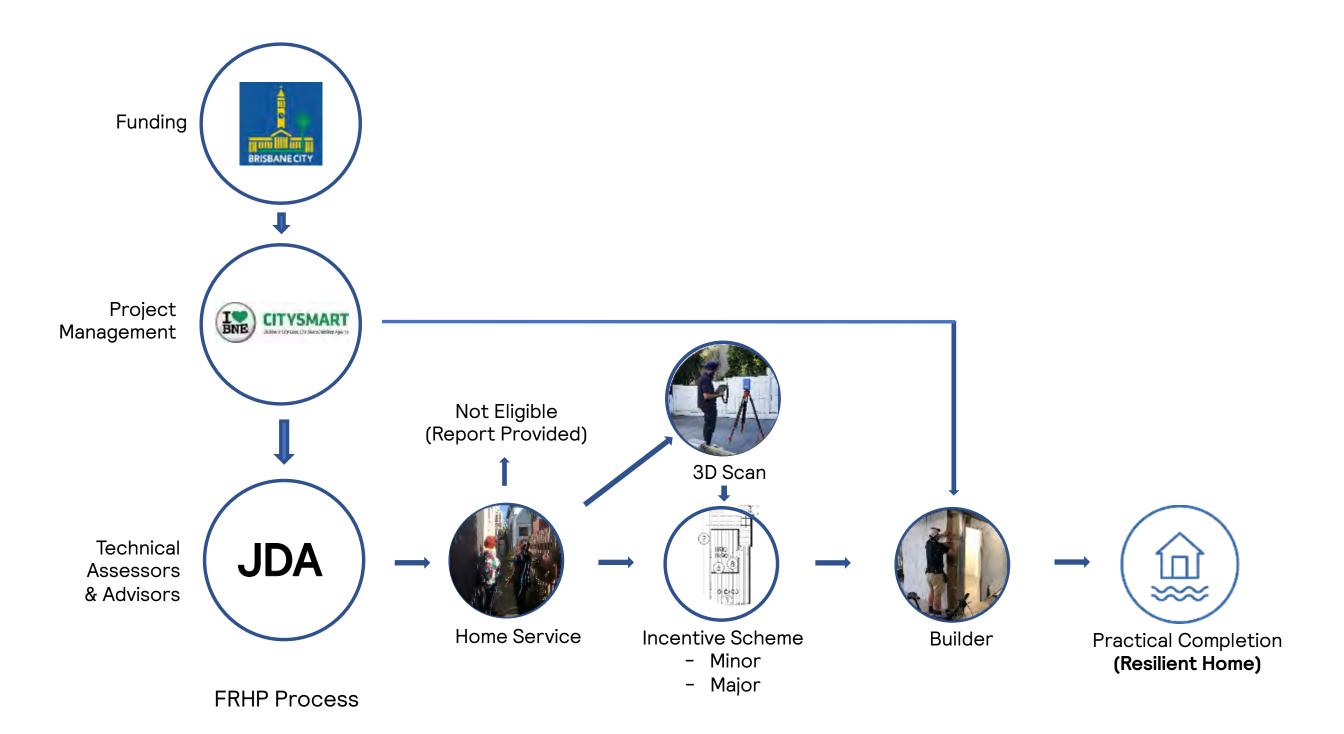




Virtual 360 Flood Hub



The Flood Hub



JDA

### Creating a flood resilient Brisbane

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The program is between in parameters p with Breacher City Council's sub-classifier agency. Crystinat ,



### Book a free Home Service

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An initiative of in partnership with al a EITYSMART Darload to a leasy Britten

### What is overland flow flooding?

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### What is flood resilience?

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### Steps in the Flood **Resilient Homes Program**

#### Step 1-Home Service

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#### Step 2-Home Service Step 2-Home Service Recommendations

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#### Step 3-Incentive Scheme

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#### **Examples of works**

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FRHP Flyer to Neighbourhood

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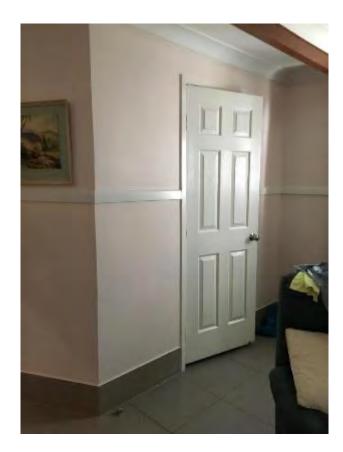
Assessment Report



















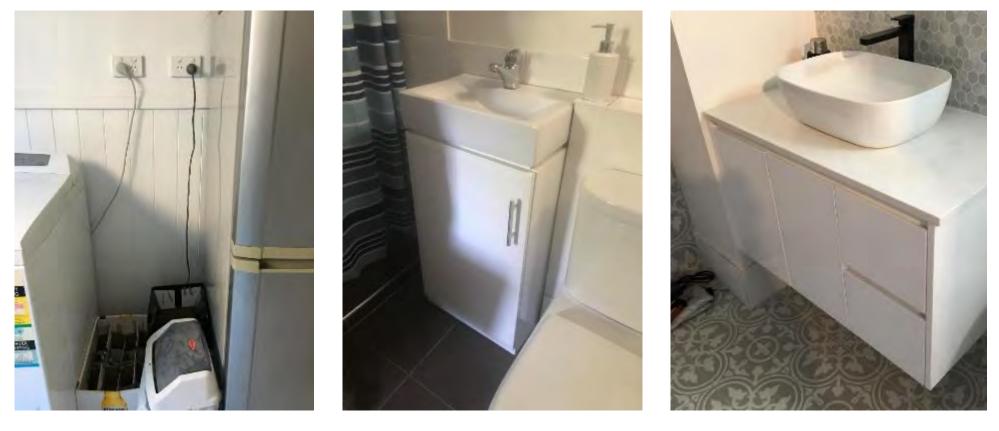
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After



After



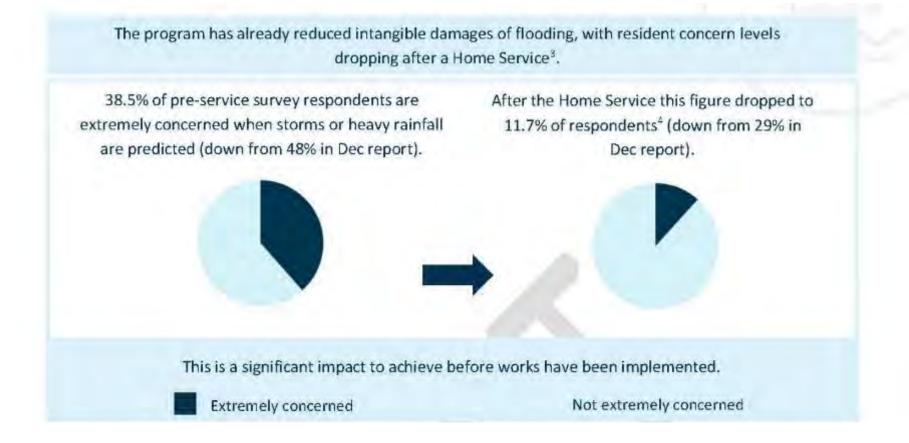


After

### Monitor works under construction

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# Flood Resilient Homes Program



**Evaluation Report** 

### Flood Resilient Homes Program



### Our customers

### At a glance

House type: Single-level 1960's chamferboard

#### Resilience works:

- Raised the air conditioning condenser unit
- · Raised the hot water unit
- Raised the washing machine
- Philip's story

With floodwater having recently lopped just inches away from their docs, inclu residents Philip and Julieann Dodds were relieved and grateful to be invited to Cauncil's Flood Resilient Homes Program.

Location:

materials

breakers)

 Replaced cabinetry and internal linings with water-resistant

Installed separate circuits (with

Inala

"Twenty-eight years of rates and I'm getting it back!" was Philip's reaction when his property proceeded to the Incentive Scheme, following a Home Service visit and recommendations report by the program team.

"They were very respectful of my property, they were polite, there was no question I could ask that they couldn't answer."

Philip agreed to have some major works done on his property to improve its flood resilience including replacement of cabinets, floor coverings and wall linings. Given this scope of works, he was initially concerned about the logistics involved in moving stuff out of the way.

"Like, I've got a slate pao table which is extremely heavy. I've also got sherving with a library of 1500 science fiction nowels out the back. I've got a bad back so I can't be maving all that stuff to allow them to get to the walls. They vaid, no worries we'll be able to get all that sorted out, it won't be a problem. They were really good."





### Homeowner response

### Flood Resilient Homes Program



**Our Customers** 

#### At a glance

House type: Post-war timber cottage

> Location: Paddington

- Resilience works:
  - Raise the hot water unit
  - Raise the washing machines
  - Install separate circuits (with breakers) on ground level and upper levels.

#### Peter's Story

Property owner Peter rents out his post-war timber cottage in suburban Brisbahe and has seen a number of overland flow floading issues over the years. His tenants have lost two washing machines due to floading.

Peter was delighted when he received a letter from Council inviting him to participate in the program. He backed a FloodWise Home Service and had a meeting at the property with the two flood resilience experts.

Following the Home Service, Peter received his report which recommended a number of solutions including building high benches in the loundry for the washing machine and dryer, and having separate electricity circuits an different lewise of the house.

"I think [the Flood Resilient Homes Program] is excellent. I'm surprised they are putting so much effort into it and I'm really stoked about the whole program. For me it costs nothing and I'm getting a great service and my tenants are tickled pink!"



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# Designing homes that accept water on the floodplains of Brisbane River

23 OCTOBER 2018 FEATURE





*"What we've been able to do is assess this property individually which has led to a 50% reduction in their insurance premium"* Josh Kelland (Suncorp Executive Manager Consumer Products)



# Flood resilient guide to retrofitting your home



### 1 The benefits of a flood resilient home

### 1.1 What is a flood resilient home?

A flood resilient home is one which is fitted, finished, designed and surfaced to reduce, as much as practical, the impacts of flooding, allowing you to recover sooner from flooding.

Flood resilient design measures include your house and outdoor areas. You can improve your home's flood resilience by retrofitting it with approaches and materials that are less likely to be damaged during multiple flood events.

## 1.2 How can you benefit from a flood resilient home?

Flood resilient homes have the potential to:

- Reduce the inconvenience and damage caused by flooding
- Save costs in the long-term from having to pay for temporary relocation and repairs
- Help you to acquire, maintain and potentially, reduce your insurance premiums
- Inspire new approaches to retrofitting your home
- Ensure that your home is suited to changing flood conditions in the longer term, particularly from climate change
- Allow you, as a homeowner, to prepare for, live through and recover from flood events.

This document is designed to get you started on the path to retrofitting your home to improve flood resilience.

### Before you continue

This guide has been created for existing flood affected homes which have not been built to relevant flood protection standards, to reduce the impacts using flood resilient design. New homes should be constructed with raised floor levels to minimise the chance of flooding inside the home. All new homes should be designed and constructed in accordance with the objectives and standards outlined by the Department Environment Land Water and Planning (DELWP) guidelines for 'Development in Flood Affected Areas' and Melbourne Water's 'Planning for Sea Level Rise Guidelines'.

### 2 How to use this guide

### 2.1 Who is this guide for?

This is a self-help guide for people who want to reduce the cost, concern, and inconvenience of flooding, by retrofitting their home to prepare for future flood events.

### 2.2 What is the purpose of this guide?

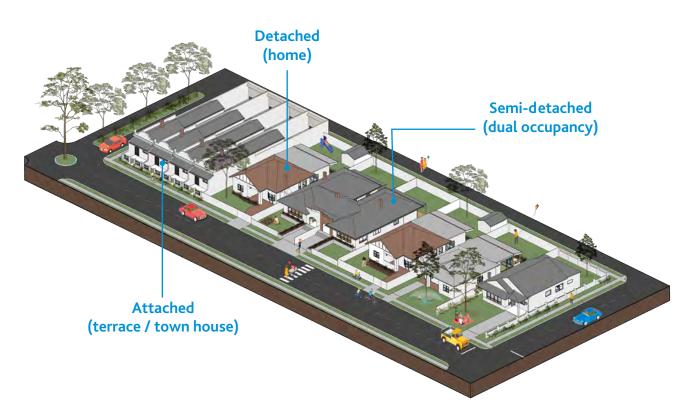
The purpose of the guide is to provide practical and affordable options to retrofit three common types of homes in Melbourne:

- 1. Detached (home)
- 2. Semi-detached (dual occupancy which may be two detached or two joined homes)
- 3. Attached (terrace / town house)

Although this document does not cover all types of homes, the guidance in this document is intended to be applied to other types of dwellings, such as apartment buildings.

### Please note

This guide is for information purposes only, it is not a mandatory requirement.



### **3** The importance of flood resilience in Melbourne

Whilst there is an extensive drainage network in place across greater Melbourne that helps to reduce the severity of flooding, we cannot entirely prevent flood events from occurring. Learning to live with flooding by making our homes and properties more flood resilient is one of the ways to reduce the impact of flooding. This includes making informed decisions about the materiality and construction systems in your home.

## 3.1 Why is flood resilience in our city important?

Do you remember the major floods we have experienced in Melbourne in recent years? In 2011 Melbourne was flooded with 150 mm of rain in 14 hours and significant floods have occurred in suburbs since then.

Flooding has always occurred in Melbourne as part of the natural weather cycle. The drainage network reduces flooding, however, extreme storms can mean rainfall exceeds the capacity of the drains and flooding occurs.

Adding to this, Melbourne has seen rapid development over the past few decades, and the increase in hard surfaces such as roads and roofs, combined with more frequent extreme storms means that more water is running into our drainage systems, rather than infiltrating into gardens and natural environments. This can make flooding worse. Coastal floods can also result from high tides and surges from the sea and will increase as sea levels continue to rise.

All these factors mean that many homes across Melbourne experience flooding.

### 3.2 What are the costs of flooding?

The costs of flooding are significant. People experience risks including loss of life and injury, loss of pets and valuable personal items, and a sense of fear and helplessness. People can be dislocated from their homes and experience ongoing stress and disruption. Flooding can damage the wall linings, carpets, flooring and electrical services of your property. There are more than 200,000 properties across the region with at least a 1% chance of flooding in any given year.

The total cost of flooding is estimated at \$735 million a year. The costs include damage to property, infrastructure such as roads, disruption of services such as public transport and social impacts.

## 3.3 What are organisations doing to manage flooding?

Many organisations are responsible for flood management including Melbourne Water, state and local government and the Victoria State Emergency Service. These organisations have responsibilities for mapping flooding, managing drains and roads, and constructing new or enhanced drainage infrastructure, which are essential for flood management, and emergency response and recovery.

These organisations work with communities to help people prepare for flooding, know what to do when a flood happens, recover quickly, learn from our experiences and adapt over time.

Together we have made great progress on flood management however, with climate change, population growth and more development, we face many challenges.

You can be a part of reducing the impact of flooding in your life. You can learn about how to be prepared for flooding and the Victoria State Emergency Service offers support: <u>https://www.ses.vic.gov.au/get-ready/</u> <u>flood</u>. You can also make changes to your home.

### Costs of flooding



The total cost of flooding is estimated at \$735 million for the greater Melbourne region.

### 4 Understanding local planning

### 4.1 What are the different organisations responsible for?

Following is a quick reference table of the key organisations that are responsible for flood management and their responsibilities.

Table 1. Organisations responsible for flood management and their responsibilities.

Organisation	Responsibility
Melbourne Water	<ul> <li>Coordinates planning and delivery of regional flood management and drainage services</li> <li>Undertakes catchment and coastal flood modelling and mapping</li> <li>Provides flood advice for new land use and development as a referral authority</li> <li>Contributes information to warning services, particularly, manages flood warning hydrographic infrastructure</li> <li>Manages regional drainage systems</li> <li>Manages waterways</li> <li>Contributes to development and use of integrated water management (IWM) knowledge and tools</li> <li>Undertakes technical research</li> </ul>
The 38 councils in the Melbourne region	<ul> <li>Administer and enforce planning schemes, which include state and local flood policies and controls</li> <li>Manage local drainage systems</li> <li>Undertake flood modelling and mapping of local drainage systems</li> <li>Support local flood planning and coordinate local emergency planning</li> <li>Support development of local community resilience</li> <li>Implement state and regional strategies through the application of appropriate zones and overlays, and flood management decision-making and activities</li> <li>Can develop local water management strategies and plans</li> <li>Support community recovery from flood events</li> </ul>
Victorian goverment departments and agencies	<ul> <li>Set policies, guidelines, standards and strategies for floodplain management, urban planning and development, water resource management, and emergency management</li> <li>Support recovery from floods.</li> </ul>
Emergency services agencies	<ul> <li>Lead emergency preparation and response</li> <li>Deliver community awareness and education programs</li> <li>Provide flood warnings to the community (Emergency Management Victoria)</li> <li>Are the designated control agency for floods (Victoria State Emergency Service)</li> </ul>
Australian government departments and agencies	<ul> <li>Set national policies and guidelines for flood and emergency management</li> <li>Coordinate national research and data on a range of flooding, weather and climate change issues</li> <li>Contribute to delivery of warning services</li> <li>Contribute funding to flood prevention and recovery activities.</li> </ul>
Insurance Industry	Projects and shares the financial consequences and recovery costs.
Communities, individuals and businesses	<ul> <li>Are responsible for understanding personal and local risks, and being prepared for floods</li> <li>Can contribute to development of local flood management projects and plans</li> </ul>

### 4.2 What are the chances of my home flooding?

### 4.2.1 Relevant planning overlays

An overlay is a map in a council planning scheme showing the location and extent of special features, such as where land may be subject to flooding. Overlays are intended to give you an overview of your local area.

The relevant planning overlays illustrated on the map below in Melbourne are:

#### Land subject to inundation overlay:

Identifies land in a flood storage or flood fringe area affected by riverine and coastal flooding.

#### Special building overlay:

Identifies land at risk of overland stormwater flooding due to the capacity of the drainage system being exceeded.

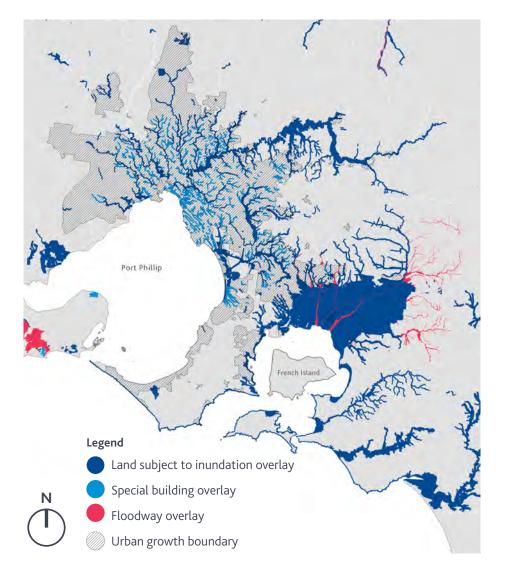
#### Floodway overlay:

A floodway overlay identifies waterways, major floodpaths and high hazard areas with the greatest risk and frequency of being affected by flooding.

### 4.2.2 Finding out about your property

A flood level certificate is a document that is specific to your property and will tell you how high the water could go and what chance there is of a flood occurring. To get the most up to date information, it is recommended that homeowners in flood prone areas apply for a flood level certificate as there is a delay in flood data being available in the planning scheme.

For more information: <u>https://www.melbournewater.</u> <u>com.au/planning-and-building/apply-to-build-or-</u> <u>develop/property-flood-level-information</u>



### 5 Insurance and flood resilient design

Many homes at higher risk of flooding face increasingly high insurance premiums. The insurance industry has begun to recognise the effectiveness of flood resilient design in reducing damage costs, which means that flood resilient homes could benefit from reductions in premiums.

There are examples in other capital cities where flood resilient design principles were incorporated into the lower level of a home at high risk of flooding resulting in reduced premiums. The retrofitting at the property pictured on the following page includes some of the strategies outlined in this document.

## 5.1 What should I discuss with my insurance agency?

While there is no guarantee your insurance agency will reduce your premium it is worth having a discussion with them. Insurance premiums consider a number of factors - one of these is flooding. Get in contact with your insurer prior to doing any work on your property to ask if they are open to reducing premiums if flood resilient retrofitting is done. It's also worth checking that your insurance covers you for all types of flooding on your property.

### Common problems from flooding

Some parts of the home are more vulnerable to flooding in the short and long term.





An example of a home retrofitted for flood resilience. Photo credit: Scott Burrows Photographer

### 6 Approaches to flood resilient design

# 6.1 What is flood resilient building design?

Repairing your home after a flood event can be a costly exercise. By using a resilient approach, some of these costs can be avoided. Flood resilient building design refers to modifications that adapt your home to reduce the impacts of flooding. This is typically done using landscaping, waterresistant materials, raising floor levels and preventing flood waters from entering a house. Introducing flood resilient measures means it is easier to clean-up following a flood so life can get back to normal with minimal disruption. If your home is flood affected, you can explore several approaches to make it flood resilient.

### 6.2 What are the different approaches to making my home flood resilient?

There are four flood resilient design approaches. While considering what is physically and financially practical in your situation, you can use a combination of wet-proofing, dry-proofing, elevation and absorption to increase your home's flood resilience.

Strategy	Description	
Wetproofing		Wet proofing involves using flood resilient materials and construction methods to allow flood waters to enter the house with a minimised chance of damage and moisture problems afterwards. By accepting a level of risk through wetproofing, and creating space for water to flow, you can be better prepared for any future flooding that may occur. This means going with the flow and working with water rather than against it.
Dryproofing		Dry proofing involves sealing the exterior of your house to prevent water from entering. Flood doors are one of the options to do this. For low-level floods this is effective, however, greater depths can result in an increase in force on the building and result in cracking or movement of foundations. It's worth noting that this method can also displace more water onto neighbouring properties.
Elevation		Raising the level of the house or its services above the projected flood level can be effective. Footings, posts, slabs and other structures all need to withstand an overland flow of water across the site. Services such as air conditioners, hot water units and electrical meter boards can be easily raised above the flood level to minimise the chance of important utilities failing.
Absorption		It's also important to think about your property as a 'sponge' that can receive and slowly absorb water into ground surfaces. By increasing permeable surfaces on your property, you can decrease the amount of water flowing into your home, onto other properties and streets.

### 7 Examples of flood resilient homes

This section illustrates flood resilient strategies, and how they can apply to three common houses found in Melbourne's flood-affected areas. While this is not an exhaustive list of house types, the strategies are common for many types of buildings and can help you reduce the impact of flooding in your home.

### Talk to your neighbours

Talking to your neighbours is an important part of developing flood resilience. You can talk about each other's experiences with flooding, approaches to reduce flooding, and ways you might work together in a flood event. Knowing about your risk, preparing for flood events, knowing what to do when it floods, and knowing how to get support can help to decrease your concern about flooding.

### Prepare and plan for floods

A well prepared community can reduce the impact of flooding by up to 80%<sup>1</sup>. People who are prepared are more likely to respond to floods appropriately and safely. To help you plan and prepare for floods visit the VICSES website: <u>https://www.ses.vic.gov.au/get-ready/at-home.</u>

### 7.1 Detached homes

Detached homes refer to free-standing homes on a block of land that usually have a yard.

### 7.2 Semi-detached homes

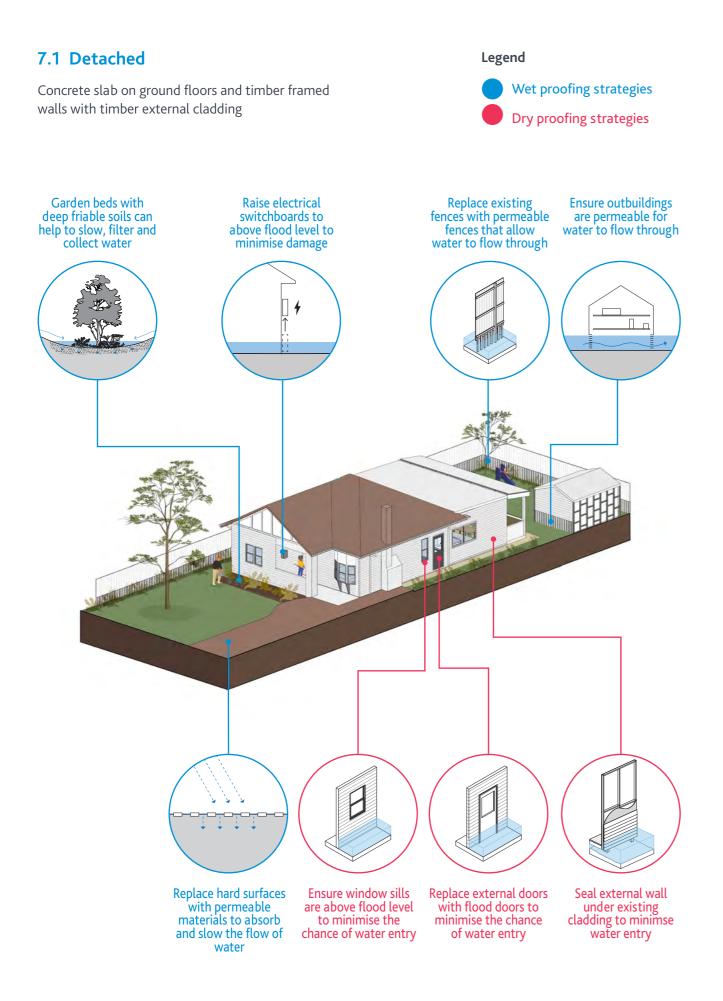
Semi-detached homes refer to two homes that share a common wall, such as dual occupancy town houses.

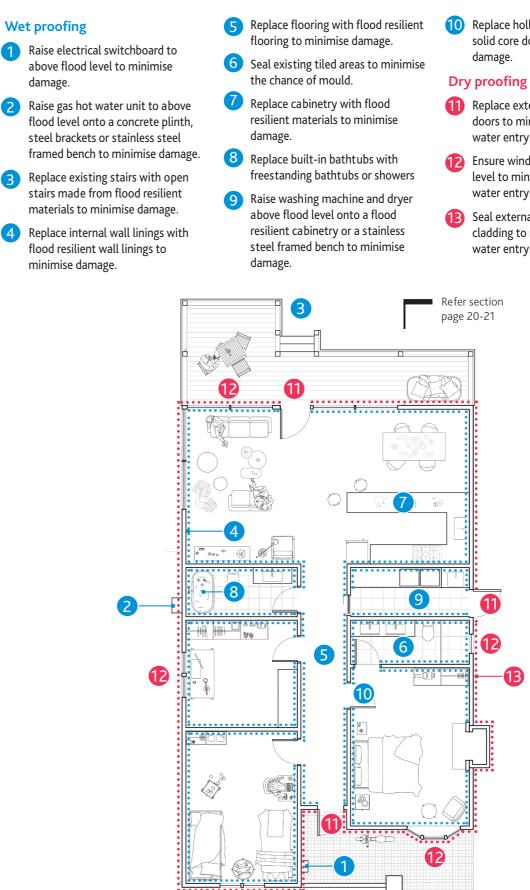
### 7.3 Attached homes

Attached homes refer to homes that share one or multiple walls, these include but are not limited to terrace or row houses, and town houses.

<sup>1</sup> Source: Grothmann, T., Reusswig, F. People at Risk of Flooding: Why Some Residents Take Precautionary Action While Others Do Not. Nat Hazards 38, 101–120 (2006). https://doi.org/10.1007/s11069-005-8604-6







**10** Replace hollow core doors with solid core doors to minimise

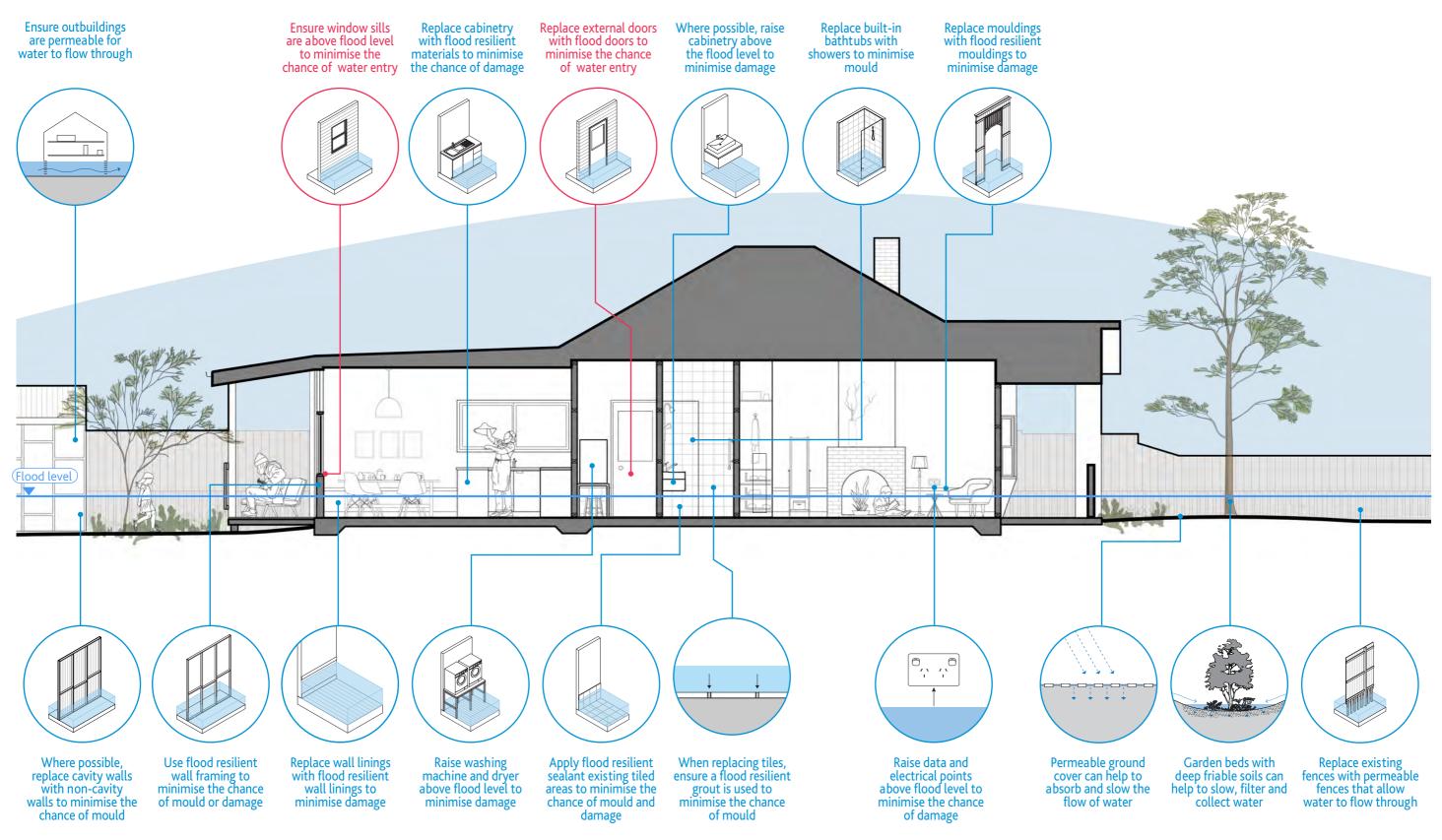
- **1** Replace external doors with flood doors to minimise the chance of water entry.
- 12 Ensure window sills are above flood level to minimise the chance of water entry.

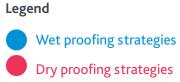


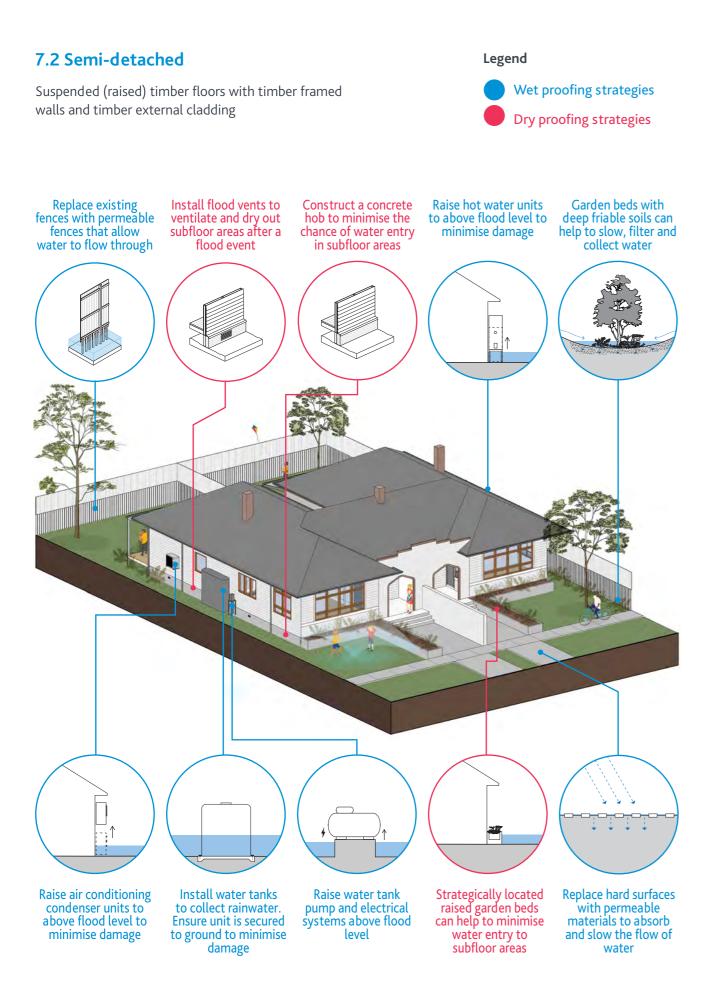
B Seal external wall under existing cladding to minimise the chance of water entry.

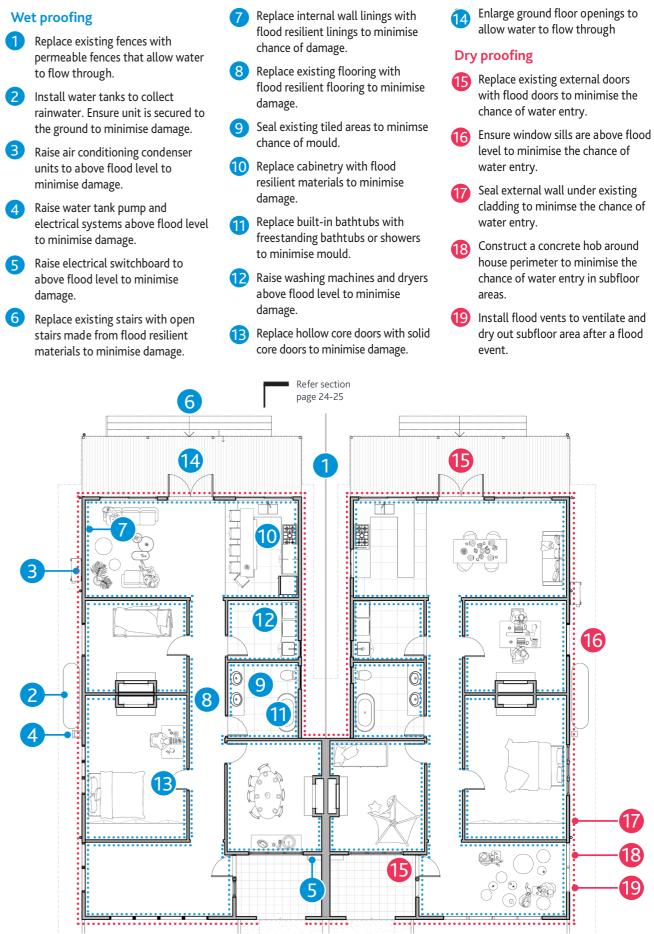
### 7.1 Detached

Concrete slab on ground floors and timber framed walls with timber external cladding









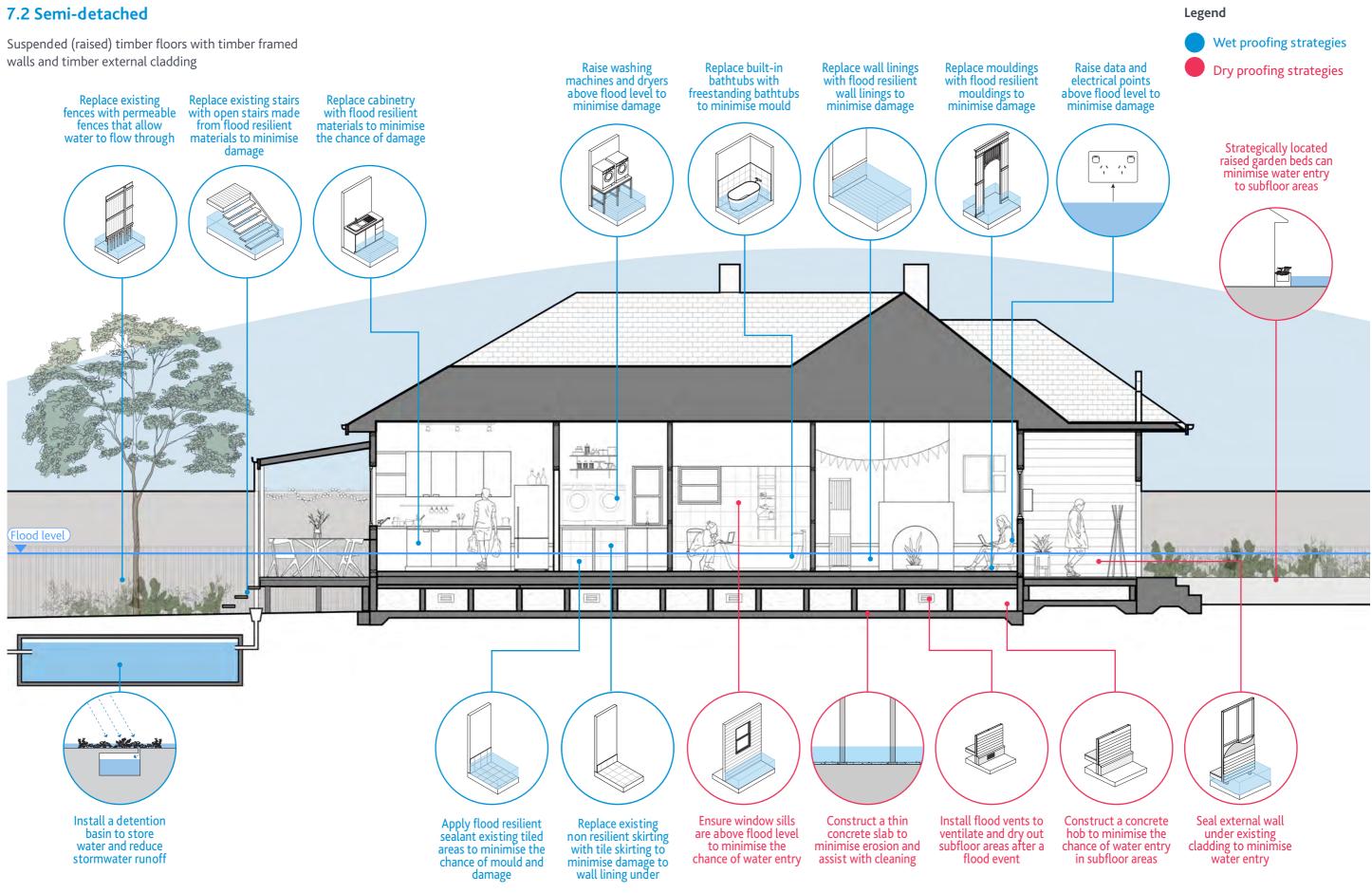






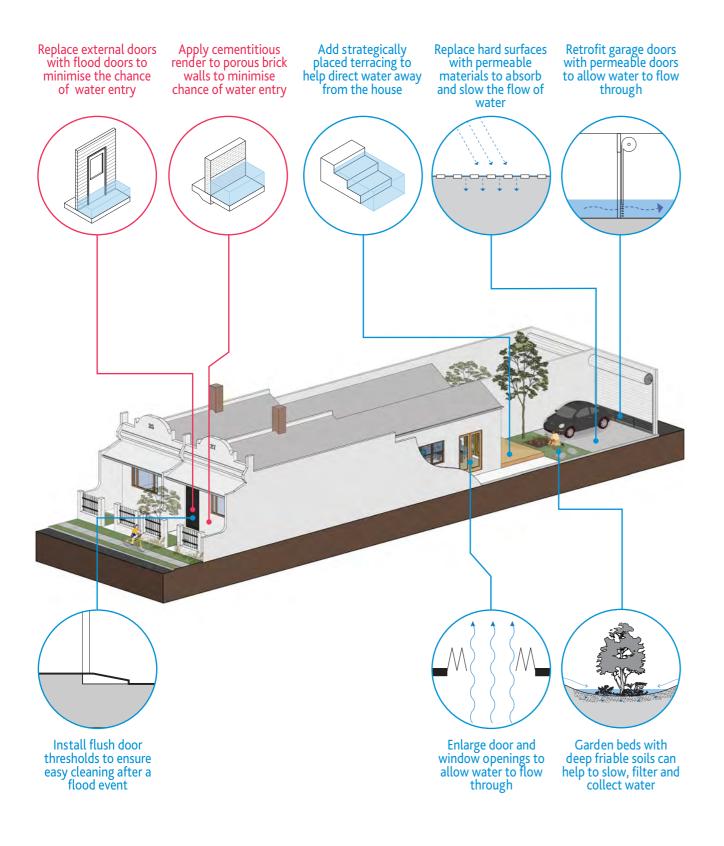
- cladding to minimse the chance of





### 7.3 Attached

Suspended (raised) timber floor and double brick walls at the front. Concrete slab on ground floor and brick veneer cavity walls at the rear.



Legend

Wet proofing strategies

Dry proofing strategies

### Wet proofing

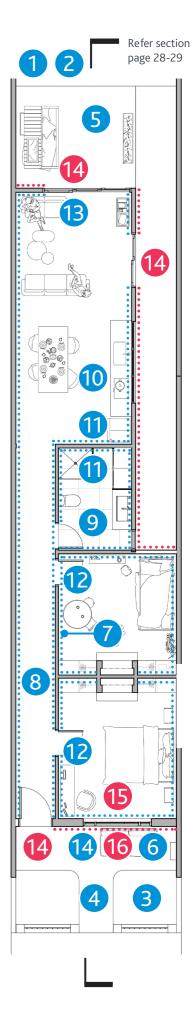
- 1 Retrofit garage doors with permeable garage doors to let water flow through.
- 2 Remove structures (incl. garages) that block natural flow paths.
- 3 Garden beds with deep friable soils help to slow, filter and collect water.
- 4 Replace hard surfaces with permeable materials to absorb and slow the flow of water.
- G Add strategically placed terracing to help direct water away from the house and subfloor areas.
- 6 Raise electrical switchboards to above flood level to minimise the chance of damage.
- **7** Replace internal wall linings with flood resilient linings to minimise the chance of damage.
- 8 Replace flooring with flood resilient flooring to minimise the chance of damage.
- 9 Apply flood resilient sealant to existing tiled areas to minimise the chance of mould and damage.

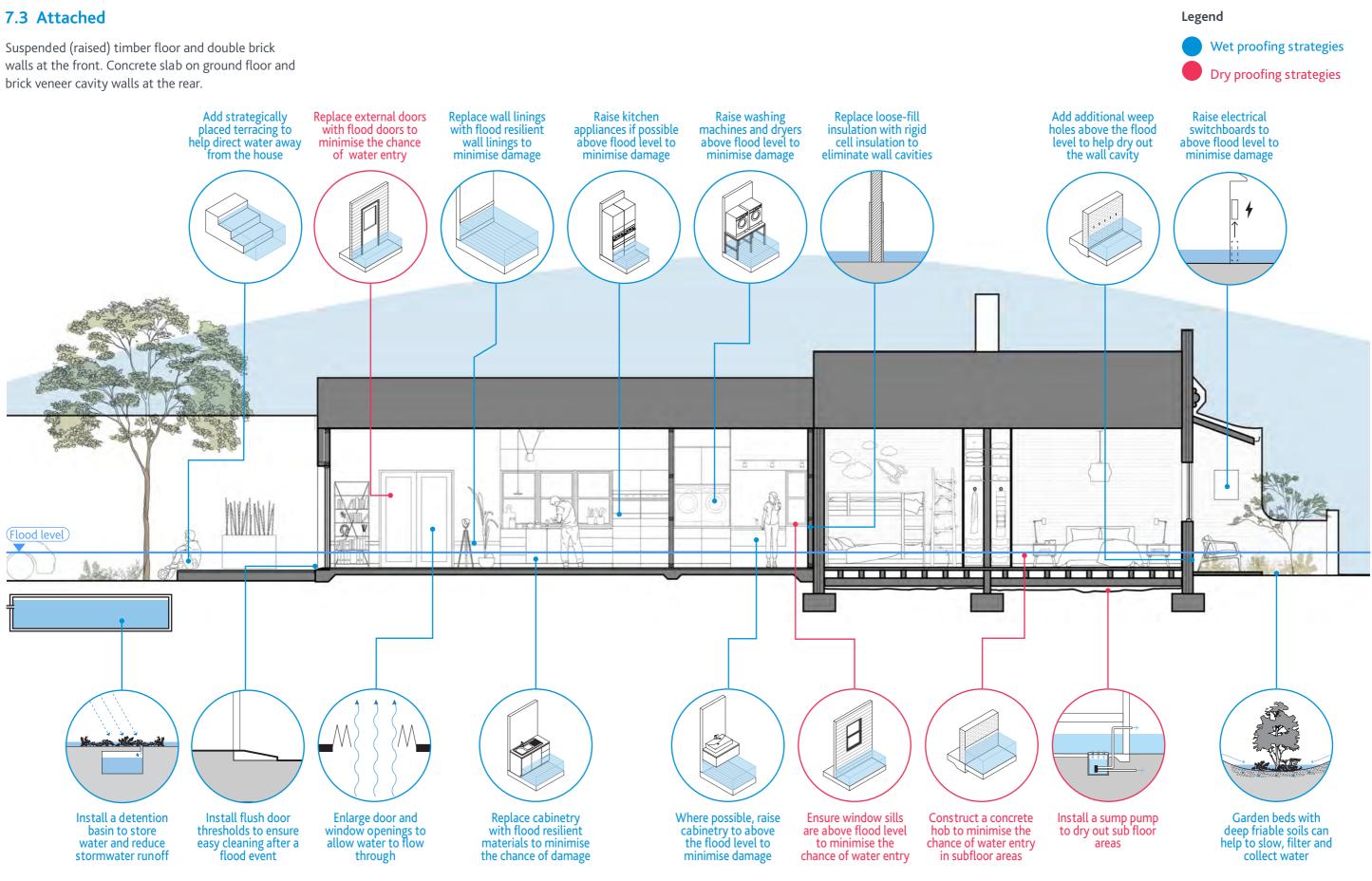
- 10 Replace cabinetry with flood resilient materials to minimise the chance of damage.
- 1 Raise kitchen and laundry appliances to above flood level onto flood resilient cabinetry or a stainless steel framed bench to minimise damage.
- Replace hollow core doors with 12 solid core doors to minimise damage.
- B Enlarge door and window openings to allow water to flow through.

### Dry proofing

- **14** Replace existing external doors with flood doors to minimise the chance of water entry.
- **1** Ensure window sills are above flood level to minimise the chance of water entry.
- **16** Apply a cementitious render to porous brickwork walls to minimise the chance of water entry.



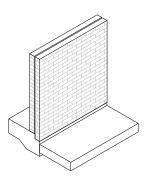




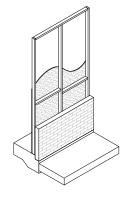
### 8 Flood resilient strategies

### 8.1 General considerations

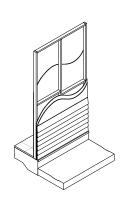
- 1. These strategies are recommendations only. Please consult a builder to find out which of these strategies is possible and practical for your home.
- 2. Generally, slab on ground houses are easier to keep the water out of. Dry proofing strategies can be an effective way of increasing flood resilience. Engage a professional builder to assist in determining the right approach for your home.
- 3. When considering flood vents, seek guidance from your builder or a Victorian Registered Professional engineer to determine whether this solution is appropriate for your home.
- 4. Generally, houses constructed with a raised floor level and sub floor area are harder to keep water out of. Wet proofing strategies can therefore help to increase flood resilience. Engage a professional builder to assist in determining the right approach for your home.
- 5. Flood doors and vents are used commonly throughout the world and work best with masonry structures. Seek guidance from a Victorian Registered Professional engineer to ensure minimum structural requirements are in place.
- 6. Avoid 'floating timber floors' over concrete slabs (either composite or hardwood) where possible to prevent damage to flooring.
- 7. Refer to the National Construction Code provisions relating to condensation, damp and weatherproofing, and energy efficiency of houses. Refer also to managing the risks of condensation in the non-mandatory Condensation in buildings Handbook by the Australian Building Codes Board.
- 8. Speak to your builder about how your home is constructed. There are four common construction types found among detached, semi-detached and attached homes in Melbourne. These are shown in the diagram in the figures below. If you're not sure which one is relevant to your home, engage a professional builder to find out more information.



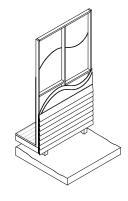
Concrete slab on ground Double brick wall



Concrete slab on ground Brick veneer cavity wall

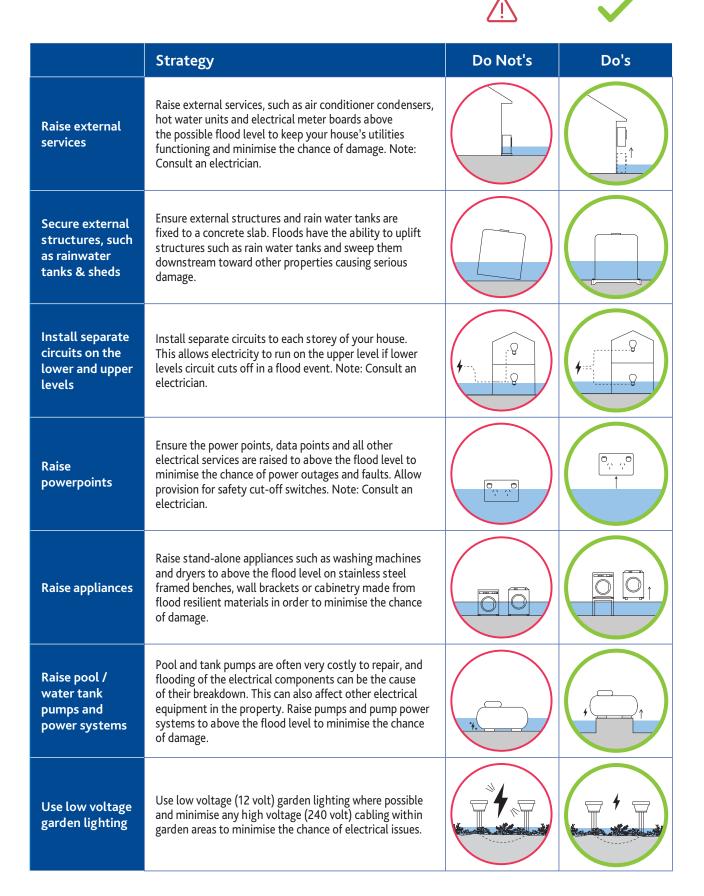


Concrete slab on ground Timber-framed cavity wall



Raised timber floor Timber-framed cavity wall

### Power and plumbing



### In the yard



Strategy	Description	Do's
Create a rain garden system	Rain gardens collect water and are vegetated with water loving plants and help slow, filter and collect flood water. Note: Consult a landscape architect.	A REAL
Increase garden bed areas and use deep friable soil or mulch	Increasing the garden areas on your property can help filter & slow flood waters. Deep friable top soils are recommended for a greater collection of water and healthy growth of plants and collection. Note: Consult a landscape architect.	
Install water tanks below your driveway, lawns or gardens	Underground water tanks can be installed to reduce the amount of site run-off, and in low-level floods help reduce the level of flood around the property. They are also useful in times of drought for water storage. Note: Consult a registered structural engineer and/or landscape architect.	
Replace solid fences and screening with permeable fences	Reduce flood damage to fences by ensuring the fence is water permeable and made of resilient materials. If privacy or noise is a concern, fences should be permeable up to a height that allows water to flow through with ease, and then solid above that point. Some suggested screening materials include: aluminium, composite timber, hardwood timber, and recycled plastic palings. Note: Consult a builder.	
Increase permeable surface areas	Use permeable paving materials and/or remove any unnecessary hard surfaces to allow ground to absorb water. Some options include: gravel, decomposed granite, permeable pavers, permeable concrete. It is recommended to reduce the width of large paved areas such as driveways, or only paving the tyre tread tracks. Note: Consult a registered structural engineer if there are expansive soils and/or if surfaces are close to house.	
Remove or make garden structures permeable that block natural flow paths	Strategically place garden structures to help in maintaining existing flow paths to reduce adverse impacts on neighbouring properties. Make garden structures permeable so that they do not block the natural flow of water and restrict the use of retaining walls that could act as barriers. Note: This type of works may require a planning permit, please consult Melbourne Water.	
Install a smart water tank	Consider retrofitting a smart tank system to automatically release water and increase water storage capacity before a flood event.	

Around the house - dry proofing



Strategy	Description	Do's
Install flood vents below flood level to assist in drying out subfloor spaces	Flood vents are designed to prevent water entry, whilst allowing water to escape subfloor spaces and assist in drying out after a flood event. Note: consult a Victorian Registered Professional engineer to ensure minimum structural requirements are in place.	
Ensure window sill heights are above flood level to prevent water entry	Similar to doorways, windows are point of ingress where water can flow in. If dry- proofing strategies are being used, such as flood doors, ensure that the bottom (sill) of all windows is above the predicted flood line to minimise the chance of water entry.	
Replace external doors with flood doors to prevent water entry	For low-level floods below 600mm, flood doors can be a viable option to prevent water from entering the building through doorways. These doors must be used in conjunction with strategies preventing water entering through exterior walls as the must create a seal around the building perimeter. Note: consult a Victorian Registered Professional engineer to ensure minimum structural requirements are in place.	
Construct concrete hob to prevent water entering subfloor space	For buildings with floors elevated low above the ground, a concrete hob can be used to prevent water entering the space under the floor, avoiding issues such as mould and odours after a flood. The hob should be used in conjunction with flood vents to ensure any water trapped in the subfloor space can dry out or escape. Note: consult a Victorian Registered Professional engineer to ensure minimum structural requirements are in place.	
Apply cementitious render to porous brick walls to minimise water entry	Treating the external wall finishes of spaces that are likely to be flooded is highly recommended. In situations where there is existing brick externally, a cementitious render can be used to make the wall less porous, helping to prevent water entering through the bricks.	
Seal under existing external cladding to minimise water entry	Install a flood resilient fibre cement substrate and apply a waterproof membrane underneath existing external cladding to minimise the chance of water entry into the house. This strategy is most effective when installed in conjunction with installing flood doors.	
Repair and/ or seal all possible gaps to minimise water entry	When dry proofing, treating the external wall finishes of spaces that are likely to be flooded like is highly recommended. In situations where there are gaps in the external walls below the flood line, these should be sealed to prevent water from entering. Please note that this does not include existing weep holes.	

### Around the house - wet proofing

Around the nous	e - wet prooning	$\bigwedge$	$\checkmark$
Strategy	Description	Do Not's	Do's
Use single-skin walls rather than cavity walls where possible	Walls with cavities such typical plasterboard stud walls are prone to trapping water within the wall linings, damaging the wall framing, and forming mould. Where possible, replacing cavity walls with single-skin construction walls is recommended. Seek guidance from your builder when considering replacing walls.		
Replace loose- fill insulation with rigid insulation	Loose-fill insulation such as 'batts' found in wall cavities absorb a great deal of moisture and must be replaced after a flood to avoid moulding. Replace loose-fill insulation with rigid or closed-cell insulation such as extruded polystyrene insulation as it is flood resilient and helps to fill the gap in a typical cavity wall.		
Use flood resilient wall framing	When building framed walls, it is not recommended to use softwoods such as pine as it is prone to rot and mould after inundation and can decay quickly. Use hardwood timber or steel framing where possible. Consider using sustainable plantation hardwood timbers.		
Construct flood resilient open stairs	Make stairs resilient by using flood resilient materials, such as metals or hardwood and make them open to avoid water being trapped in any cavities beneath the stair. This should be used in conjunction with other wet-proofing strategies if stair is internal.		
Make the bottom riser of stairs removable	If an existing cavity stair on your property is at risk of flooding and you cannot retrofit the stair to have open risers, make the bottom riser removable to enable easy post-flood clean-out.		
For houses with suspended timber floors, construct a concrete blinding layer in subfloor area	A concrete blinding layer is a thin layer of concrete which can be added to the space under a house to allow for easy clean out after a flood event. This seals the underlying material and prevents dirt and mud from interfering with the structure of the house.		
Create large door and window openings on the ground floor	Having only few small openings in your ground floor makes it difficult for water entering your house to escape, trapping water inside and taking longer to dry after a flood event. By having large openings, water can flow out quickly, reducing pressure on your walls and provides more ventilation to dry out after a flood.		

### Around the house - wet proofing

Around the house	e - wet proofing	$\bigwedge$	$\checkmark$
Strategy	Description	Do Not's	Do's
Replace non resilient with flood resilient cabinetry	Cabinetry is often the most expensive element in a house to replace after a flood event. This can be avoided through using flood resilient materials for all cabinetry including the carcass (frame).		
Raise cabinetry above flood level where possible	Raise cabinetry above the flood level where possible (e.g. vanity basin in bathrooms). And ensure you have a safe place above the flood level to store belongings in preparation of a flood event.		
Make cabinetry kickboards removable	Make the kickboard on cabinetry units removable to enable easy post-flood clean-out.		
Replace hollow core doors with solid core doors	Avoid the use of hollow core doors to mitigate damage and limit mould growth after a flood event. As an alternative, use solid core, aluminium or glass doors.		a
Install flush thresholds in doorways, external pavements and garden edges	Small steps and sills are often the cause of a small layer of water to remain inside of a house, complicating the clean up process after a flood event. Limit thresholds which obstruct the drainage and discharge of flood waters from the interior of your home by installing flush thresholds recessed into a concrete floor.		
Install corrosion resistant door and window hardware	Install corrosion resistant door and window hardware so these do not need to be repaired or replaced following a flood event.		
Replace non resilient flooring with flood resilient flooring and substrate	Replace non resilient flooring with flood resilient flooring materials. When replacing flooring, ensure non resilient substrates (subsurface materials) are replaced with flood resilient substrates. This will minimise warping, rot and damage to the flooring and below the floor.		

Around the house - wet proofing



Strategy	Description	Do's
Apply sealant to existing tiled areas to above flood level to minimise damage	Apply a grout sealant to an existing tiled floor with non flood resilient grout. Adding a grout sealant will help to increase the water-resistance of the grout, which will minimise the chance of mould and water damage to the tiles after a flood event.	
Use flood resilient grout when tiling or re-tiling wet areas	When tiling or re-tiling wet areas, ensure flood resilient grout is used. Otherwise referred to as 'semi-epoxy' this grout is less porous and ensures that the wall lining beneath tiles is protected and minimises the chance of mould.	
Replace mouldings with flood resilient mouldings	Pine and other softwood moulding is prone to buckling after becoming wet. Replace these with flood resilient mouldings, such as composite or hardwood to ensure resilience. For very low levels of flooding, flood resilient moulding can also be used to protect the bottom of a wall.	
Replace non flood resilient skirtings with flood resilient skirtings	Replace non flood resilient skirtings with flood resilient skirtings such as hardwood timber or tiles to minimise the effects of flood damage. Non flood resilient skirtings such as pine and other softwoods are prone damage such as warping and rot after becoming wet. Flood resilient skirtings also allow for easy wash out after a flood event.	
Replace non- resilient wall linings with flood resilient wall linings	Replacing wall linings in areas that are likely to be flooded is highly recommended. This means using fibre cement or villaboard linings instead of plasterboard, and floor finishes such as tiles or polished concrete instead of carpet. If a timber floor is desired, ensure it is a hardwood floor. Apply waterproofing membrane onto a substrate such as fibre cement sheeting underneath internal wall linings	
Raise kitchen appliances if possible above flood level	If possible, ensure fridges, dishwashers, ovens and all other appliances are installed above the possible flood line to keep your houses kitchen functioning and prevent failure. This is useful for low levels of flooding or when kitchen cabinetry is being made resilient.	
Replace cavity bathtubs with freestanding bathtubs or showers	Built-in baths with cavities, often built into cabinetry or in tiled areas, are prone to trapping water in the gap between the tub and exterior, damaging the framing, and forming mould. A freestanding bathtub or shower eliminates gaps where water can be trapped and enables easy access for cleaning around the entire tub.	

Around the house - wet proofing



Strategy	Description	Do's
Create terraced landscape	Terraced areas are a way of preserving external space while acting as a flood barrier. They can also help reduce the scale of walls, or elevated parts of a building. These should be constructed out of a flood resilient materials and have appropriate structural reinforcing.	
Install permeable garage door to let water flow	Permeable garage doors can help in maintaining existing flow paths to reduce adverse impacts building structures and on neighbouring properties. Make garage doors permeable so that they do not block the natural flow of water. This should be used in conjunction with other wet-proofing strategies if the garage is inside a building.	
Create raised garden beds adjacent to the house	Raised garden beds made from concrete or blockwork can help to act as a flood barrier. These should be constructed out of a flood resilient materials and have appropriate structural reinforcing.	
Clean out any existing weep holes to assist in drying out wall cavities	It is important to clean out any existing weep holes to prevent water getting trapped in the wall cavity.	
Add additional weep holes and air vents above flood level in cavity walls	Installing additional weep holes and air vents will allow subfloor areas and garages to dry out after a flood.	
Retrofit a sump pump to dry out subfloor areas	Install an automatic submersible pump and sump at the lowest point under your home to assist in the removal of flood water in a subfloor area after a flood event.	
Add mechanical heat recovery ventilation systems to dry internal spaces	Mechanical heat recovery ventilation systems (MHRVs) ventilate and dry out internal spaces by allowing fresh air into the house and reduce condensation build up.	

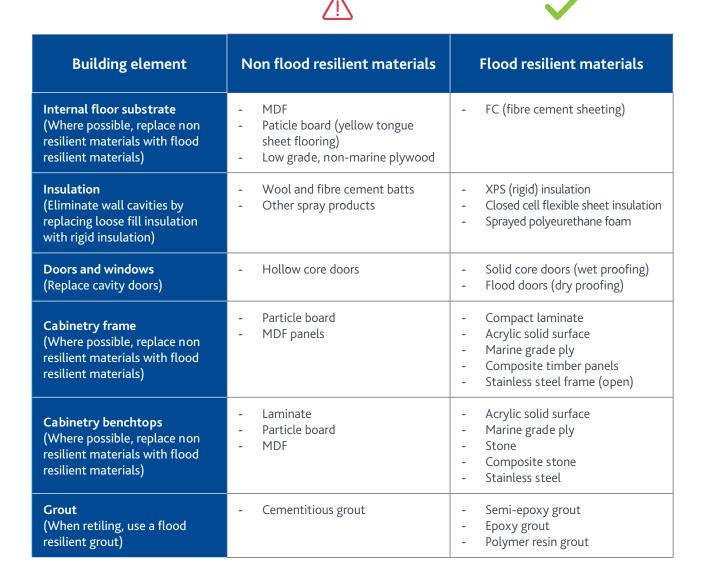
### 8.3 Materials

Identify which of the following non resilient materials (shown in the middle column) are present in your home and where possible, replace with flood resilient materials (shown in the right hand column).

	$\bigwedge$	$\checkmark$
Building element	Non flood resilient materials	Flood resilient materials
External ground cover (Increase permeable surfaces)	- Concrete - Asphalt	<ul> <li>Grass</li> <li>Mulch, deep friable soil</li> <li>Permeable concrete</li> <li>Permeable paving</li> <li>Gravel, stones</li> </ul>
<b>Fencing</b> (Create openings for water to flow through and construct from resilient materials)	- Pine and other softwoods	<ul> <li>Hardwood timber fencing</li> <li>Composite timber fencing</li> <li>PVC gencing</li> <li>Metal fencing</li> </ul>
Wall construction (Where possible, replace cavity walls with single skin walls)	- Wall with cavities	<ul> <li>Single skin stud walls</li> <li>Single skin brick walls</li> <li>Solid block walls</li> <li>Off-form concrete walls</li> </ul>
Wall framing (Where possible, replace non resilient materials with flood resilient materials)	- Pine	- Hardwood - Steel
<b>Internal wall linings</b> (Where possible, replace non resilient materials with flood resilient materials)	<ul> <li>Plasterboard</li> <li>Panelling made from pine or other softwoods</li> <li>MDF (medium-density fibreboard)</li> </ul>	<ul> <li>FC (fibre cement sheeting)</li> <li>Villaboard</li> <li>Tiles</li> <li>Hardwood panelling</li> <li>Metal</li> <li>Polycarbonate / translucent sheeting</li> <li>Marine grade / moisture- resistant plywood</li> </ul>
Internal flooring (Where possible, replace non resilient materials with flood resilient materials)	<ul> <li>Carpet</li> <li>Floating timber floors</li> <li>Vinyl on a non resilient substrate</li> <li>Cork</li> </ul>	<ul> <li>Polished concrete</li> <li>Tiles</li> <li>Hardwood flooring on a flood resilient substrate</li> <li>Rubber / vinyl on a flood resilient substrate</li> </ul>

### Please note

This table is to be read in tandem with the flood resilient strategies shown in sections 7, 8.1 and 8.2 of this document.



Thank you